

Mental Health, Substance Use and Addiction, and Child Development Resources in the Upper Cumberland, TN

Compiled by the [Tennessee Tech Addiction Prevention & Support Coalition](#)

Updated: April 2023*

Crisis Hotlines

Name of Service	Contact/Phone Number
988 Suicide & Crisis Lifeline	1-800-273-8255 or 988
Tennessee Redline	1-800-889-9789
SAMHSA's Crisis Text Line	Text HOME to 741741
Tennessee Mobile Crisis	1-855-274-7471 or Text "TN" to 741-741
National Domestic Violence Hotline	1-800-799-7233
Tennessee Domestic Violence Hotline	1-800-356-6767
Genesis House 24-Hour Domestic Violence Hotline	1-800-707-5197
National Sexual Assault Hotline	1-800-656-4673 Chat online https://hotline.rainn.org/online
Self-Harm Crisis Line	1-800-366-8288
SAMHSA's National Helpline	1-800-662-4357
Veteran Crisis Line	Dial 988, then press 1 Text 838255 Chat online https://www.veteranscrisisline.net/get-help-now/chat/
National Youth Crisis Hotline	1-800-448-4663
Grief Support	1-800-395-5757
Tennessee Child Abuse Hotline	1-877-237-0004
National Child Abuse Hotline	1-800-422-4453
Tennessee Adult Protective Services	1-888-277-8366
Middle Tennessee Alcoholics Anonymous	1-615-831-1050
Narcotics Anonymous Tennessee	1-800-407-7195
National Eating Disorders Helpline	1-800-931-2237
National HIV/STD Hotline	1-800-525-2437
National Poison Helpline	1-800-222-1222

*This work was supported by a grant from the Rural Reimagined Grand Challenge Faculty Grant Program through the Tennessee Tech University Center for Rural Innovation.

Name of Service	Organization Name	Service Description	Contact Info	Counties Available
A Step Ahead Middle TN	A Step Ahead Middle TN	We cover a free birth control consultation, wellness exam, STI test, Pap test, and contraceptive device of their choice. We will also cover transportation to and from appointments if needed.	P: 615-671-7837 E: megan@astepaheadmiddletn.org Link: https://www.astepaheadmiddletn.org/	Cannon DeKalb Macon Putnam Smith
Ombudsman	Aging Services of the Upper Cumberland, Inc.	Advocacy services to residents in long-term care facilities such as nursing homes, assisted care living facilities, and homes for the aged. Example services include investigating complaints and assistance in resolution of issues	580 South Jefferson Avenue Suite B Cookeville, TN 38501 P: 931-432-4210 E: ombud@twinlakes.net Link: https://ucdd.org/aaad/legal-assistance-ombudsman/	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
Legal Assistance	Aging Services of the Upper Cumberland, Inc.	Free advice, counseling, and representation in areas of law including, but not limited to, social security, supplemental social security income (SSI), insurance problems, Medicare, TennCare, elder abuse and other legal matters.	580 South Jefferson Avenue Suite B Cookeville, TN 38501 P: 931-432-4210 E: eldlaw@twlakes.net Link: https://ucdd.org/aaad/legal-assistance-ombudsman/	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
Agricultural Extension Service Office (Jackson)	Agricultural Extension Service	UT Extension serves the citizens of Jackson County with educational programs in the areas of Agriculture, Family and Consumer Sciences, Community Resource Development, and 4-H Youth Development. We are an outreach branch of the University of Tennessee Institute of Agriculture, providing research-based solutions and information to the citizens of Tennessee.	757 S. Grundy Quarles Hwy. Suite D Gainesboro, TN 38562 P: 931-268-9437 E: dhughes2@tennessee.edu Link: https://jackson.tennessee.edu/	Jackson

Name of Service	Organization Name	Service Description	Contact Info	Counties Available
Agricultural Extension Service Office (Putnam)	Agricultural Extension Service	UT Extension Putnam County is part of the Cooperative Extension Service System operated through The University of Tennessee, U.S. Department of Agriculture and the Putnam County Government cooperating together. Putnam County Extension offers programs in Agriculture, Family & Consumer Sciences, 4-H and Rural Development.	900 S. Walnut Ave., Rm. 4 Cookeville, TN 38501 P: 931-526-4561 E: mparrot1@tennessee.edu Link: https://putnam.tennessee.edu/	Putnam
Agricultural Extension Service Office (White)	Agricultural Extension Service	UT Extension serves the citizens of White County with educational programs in the areas of Agriculture, Family and Consumer Sciences, Community Resource Development, and 4-H Youth Development. We are an outreach branch of the University of Tennessee Institute of Agriculture, providing research-based solutions and information to the citizens of Tennessee.	117 S. Main St. Sparta, TN 38583 P: 931-836-3348 E: aswoape1@tennessee.edu Link: https://white.tennessee.edu/	White
Crisis Line	Avalon Center	An advocate or trained volunteer will answer a toll-free 24-hour Crisis Line for immediate intervention that meets the urgent needs of survivors of Domestic Violence or Sexual Assault.	196 10th St. Crossville, TN 38557 P: 931-456-0747 E: Use the contact form- https://www.avaloncentertn.org/contact-us Link: www.avaloncentertn.org	Cumberland
Emergency Shelter	Avalon Center	Avalon Center will provide 24-hour access to emergency temporary shelter to ensure survivors of Domestic Violence and Sexual Assault and their dependents have an environment that will provide a foundation for independence. Each shelter resident will have access to a case manager to provide additional services.	196 10th St. Crossville, TN 38557 P: 931-456-0747 E: Use the contact form- https://www.avaloncentertn.org/contact-us Link: www.avaloncentertn.org	Cumberland
Court Advocacy	Avalon Center	An advocate will assist survivors of Domestic Violence and Sexual Assault with navigating and obtaining information specifically related to the Civil and/or Criminal Justice Court Systems. This service will include information about or assistance in obtaining an Order of Protection, the Criminal Justice System, Victim's Compensation Fund, and accompaniment to court or Law Enforcement interviews.	196 10th St. Crossville, TN 38557 P: 931-456-0747 E: Use the contact form- https://www.avaloncentertn.org/contact-us Link: www.avaloncentertn.org	Cumberland

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Safety Planning	Avalon Center	An advocate will provide assistance to survivors of Domestic Violence and Sexual Assault with education on the dynamics of power-based violence, education on the effects on children, the development of safety plans, assessing lethality, and crisis intervention. The advocate will provide the survivor with information of options for restoring physical sense of safety and support them to assess their level of safety after victimization.	196 10th St. Crossville, TN 38557 P: 931-456-0747 E: Use the contact form- https://www.avaloncentertn.org/contact-us Link: www.avaloncentertn.org	Cumberland
Sexual Assault Exam	Avalon Center	An advocate will be available to provide immediate crisis intervention and other services to survivors of Sexual Violence who are seeking medical attention or Sexual Assault Exams through any hospital or physician's office in the Avalon Center service area.	196 10th St. Crossville, TN 38557 P: 931-456-0747 E: Use the contact form- https://www.avaloncentertn.org/contact-us Link: www.avaloncentertn.org	Cumberland
Financial Advocacy	Avalon Center	An advocate will provide financial education and information to survivors of Domestic Violence and Sexual Assault, including building financial skills, budgeting, starting or changing banking accounts and making major purchases.	196 10th St. Crossville, TN 38557 P: 931-456-0747 E: Use the contact form- https://www.avaloncentertn.org/contact-us Link: www.avaloncentertn.org	Cumberland
Employment Advocacy	Avalon Center	An advocate will provide assistance to survivors of Domestic Violence and Sexual Assault by providing information on career options, practicing interview skills, resume development, and assisting with job searches.	196 10th St. Crossville, TN 38557 P: 931-456-0747 E: Use the contact form- https://www.avaloncentertn.org/contact-us Link: www.avaloncentertn.org	Cumberland
System Advocacy	Avalon Center	An advocate will provide assistance to survivors of Domestic Violence and Sexual Assault in obtaining community resources, including but not limited to public assistance, housing, and medical. Advocates will assist survivors with managing practical problems.	196 10th St. Crossville, TN 38557 P: 931-456-0747 E: Use the contact form- https://www.avaloncentertn.org/contact-us Link: www.avaloncentertn.org	Cumberland

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Medical Advocacy	Avalon Center	An advocate will be available to provide immediate crisis intervention and other services to survivors of Domestic Violence or Sexual Assault who are seeking medical attention through any hospital or physician's office.	196 10th St. Crossville, TN 38557 P: 931-456-0747 E: Use the contact form- https://www.avaloncentertn.org/contact-us Link: www.avaloncentertn.org	Cumberland
Children and Youth Programs	Avalon Center	A Child and Youth Advocate will provide developmentally appropriate and engaging activities that support the child survivor in learning about the dynamics of Domestic Violence or Sexual Assault, identifying emotions and self-regulation skills.	196 10th St. Crossville, TN 38557 P: 931-456-0747 E: Use the contact form- https://www.avaloncentertn.org/contact-us Link: www.avaloncentertn.org	Cumberland
Legal Advice Day	Avalon Center	An attorney will provide free legal advice and information to survivors of Domestic Violence and Sexual Assault with related civil legal matters.	196 10th St. Crossville, TN 38557 P: 931-456-0747 E: Use the contact form- https://www.avaloncentertn.org/contact-us Link: www.avaloncentertn.org	Cumberland
Support Groups	Avalon Center	Advocates facilitate a weekly support groups for survivors of Domestic Violence and Sexual Assault. The group will provide survivors an opportunity to discuss and share their experiences of violence with other survivors who have experienced power-based violence therefore decreasing the survivor's sense of self isolation and self-blame.	196 10th St. Crossville, TN 38557 P: 931-456-0747 E: Use the contact form- https://www.avaloncentertn.org/contact-us Link: www.avaloncentertn.org	Cumberland
Professional Counseling	Avalon Center	Avalon Center provides referrals to Professional Counselors, so that survivors of Sexual Assault can begin their healing journey.	196 10th St. Crossville, TN 38557 P: 931-456-0747 E: Use the contact form- https://www.avaloncentertn.org/contact-us Link: www.avaloncentertn.org	Cumberland

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Material Assistance	Avalon Center	Avalon Center can provide and/or work with community resources to supply survivors of Domestic or Sexual Violence with access to needed essentials, such as gas, toiletries, clothes, food, replacement identification, etc.	196 10th St. Crossville, TN 38557 P: 931-456-0747 E: Use the contact form- https://www.avaloncentertn.org/contact-us Link: www.avaloncentertn.org	Cumberland
Bradford Health Services	Bradford Health Services	Bradford Health Services provides effective and affordable drug and alcohol addiction treatment. Through our top-rated inpatient rehab centers and innovative outpatient rehab programs, we offer real, lasting recovery to those affected by substance use disorders.	1330 Neal St., Suite D Cookeville, TN 38501 P: 931-528-6803 Speak with a care coordinator 24/7 at 888-762-3740 E: N/A, website has a "Chat with us" feature Link: https://bradfordhealth.com/locations/cookeville-tn-regional-office/	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
Clinic	Bread of Life Homeless Shelter and Clinic	The Bread of Life provides free medical care for the uninsured, including help with prescription medications and dental assistance for those in need. The Bread of Life provides Substance Abuse placement and advocacy with the local court system, Christian 12-Step programs, support counseling and mentoring.	281 4th St. Crossville, TN 38555 P: 931-707-0503 E: breadoflife@benlomand.net Link: www.breadofliferescue.org	Cumberland
TennCare Advocacy	Bureau of TennCare	Help customers apply for, use, and keep TennCare. Serving low-income individuals including pregnant women, children, caretaker relatives of young children, older adults, and adults with disabilities.	310 Great Circle Road, Nashville, TN 37243 P: 1-800-758-1638 E: Use the contact form- https://www.tenncareadvocacy.com/contact-us Links: https://www.tenncareadvocacy.com/ https://www.tn.gov/tenncare.html	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White

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TennCare Solutions	Bureau of TennCare	Medicaid appeals and complaints for TennCare Customers. Serving low-income individuals including pregnant women, children, caretaker relatives of young children, older adults, and adults with disabilities.	310 Great Circle Road, Nashville, TN, 37243 P: 1-800-878-3192 E: Tenn.Care@tn.gov Link: https://www.tn.gov/tenncare.html	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
Butterfly Landing	Butterfly Landing	Butterfly Landing is a special opportunity to receive after school enrichment and tutoring for FREE in Cumberland County.	75 Commercial Drive Crossville, TN 38555 P: 931-248-1530 E: crossvilleredemptionchurch@gmail.com Link: https://www.crossvilleredemptionchurch.com/butterflylanding	Cumberland
Counseling Services	C5 Christian Counseling	Counseling services for adults and children. Therapy also includes trauma therapy and children's play therapy	325 Lantana Road Crossville, TN 38555 P: 931-707-8200 Link: https://www.c5counselingcenter.org/	Cumberland
Celebrate Recovery	Celebrate Recovery	A Christ-centered recovery program designed to help people address a variety of hurts, habits, and hang-ups. Meeting Schedule Tuesday Nights 5:30-6:00: Fellowship Meal in Christian Life Center (gym); 6:00-7:00: Large Group Meeting in the auditorium; 7:00-7:30: Open Share Groups in various classrooms (Free childcare beginning at 5:30)	252 E. 9th St. Cookeville, TN 38501 P: 931-260-3202 E: info@collegeside.org Link: https://collegeside.org/	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White

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Child Abuse Hotline	Child Abuse Hotline	Our trained case managers will guide Hotline callers through a series of questions. Callers do not have to know all the details of the abuse or neglect. The Hotline case managers use the information you provide to determine the severity of the situation and how best to intervene.	P: 877-237-0004	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
Essential Emergency Assistance	Cookeville Human Fund	An ongoing effort and campaign designed for an immediate response to short term needs or solutions for those in a critical bind. This fund has been set up to help people that are in a critical bind. Recipients will not receive cash unless absolutely necessary and they are carefully vetted.	P: 931-279-7676 E: mdeclaire@cookeville-tn.gov Links: www.cookevillehumanfund.com www.facebook.com/cookevillehumanfund	People that receive help must be in or reside in Putnam County or at agency discretion.
Pregnancy Medical Clinic	Cookeville Pregnancy Clinic	Free medical clinic that offers confidential services. We offer pregnancy tests, ultrasounds, peer counseling, parent education, and practical assistance.	714 N. Dixie Ave. Cookeville, TN 38501 P: 931-526-5525 E: info@cookevillecpc.org Link: https://www.cookevillecpc.org/	DeKalb Fentress Jackson Overton Putnam Smith Van Buren Warren White
Northside Community Center	Covenant Church	A place of healthy living, physical wellness, spiritual development and supportive relationships. NCC offers food, laundry services, tutoring and after school & summer activities for students. See FB page for updates, events and additional contact information.	1615 Brown Ave. Ste 15A Cookeville, TN 38501 P: 931-854-1169 E: info@covenantcookeville.org Links: www.facebook.com/CovenantCookeville www.covenantcookeville.org	Putnam

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Crisis Hotline	Crisis Hotline	Crisis Services are available 24 hours a day to respond to adults experiencing a mental health crisis. A mental health crisis is an emergency condition that involves a serious disruption in an individual's daily functioning.	P: 800-704-2651	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
Crisis Hotline	Crisis Hotline	The Tennessee Statewide Crisis Line, available 24 hours a day/365 days a year, is a resource for anyone experiencing a mental health crisis. All calls are routed to a trained crisis counselor in your area, who will provide you support and guidance, and work to connect you with appropriate community supports.	P: 855-274-7471	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
Alcohol and Drug Rehabilitation Services	Cumberland Good Samaritans	Treatment for alcohol and drug rehabilitation for eligible clients. An intensive outpatient treatment program is now offered on site here with possible access to in-patient detox treatment at their top quality facility in Nashville for those who qualify. If you or a loved one is dealing with addiction and would like information on the treatment programs offered by Cumberland Heights you can contact their office directly at (931) 250-5200 or contact our office for more information on our partnership to see if you might qualify for services.	281 10th St. Crossville, TN 38555 P: 931-484-3225 Link: www.cumberlandgoodsamaritans.org/	Cumberland

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DCS - Cumberland County	Department of Children Services	Provide high-quality prevention and support services to children and families that promote safety, permanency, and well-being.	136 Dooley St Crossville, TN 38555 P: 931-459-6600 E: jennifer.friel@tn.gov Link: https://www.tn.gov/dcs.html	Cumberland
Adult Protective Services	Department of Human Adult Protective Services	APS provides services for adults who are experiencing abuse, neglect or being victimized.	400 Deaderick St. Nashville, TN 37248 P: 888-277-8366 E: https://reportadultabuse.dhs.tn.gov/ Link: https://reportadultabuse.dhs.tn.gov	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
Medically Assisted Treatment/Detoxification	Evolve Behavioral Health	Evolve Behavioral Health integrates cutting-edge technology, advancement in patient-focused solutions, medically assisted treatment, and leveraging the whole-body approach to addiction and behavioral health. Evolve's patient care, treatment plans, and long-term patient connection provides a unique solution to what is best for the patient and their future. MAT is the utilization of specific medications to provide proper physical and neurological treatment for addiction. Our services will utilize Buprenorphine, VIVATROL injections and other beneficial medications/preparations as appropriate to restore total function of the patients as well a greatly decrease the likelihood of relapse.	Two locations in Upper Cumberland: 955 Old Jamestown Highway Crossville, TN 38555 P: 865-444-1658 115 W Market St. Smithville, TN 37166 P: 615-580-3166 Additional contact info- P: 423-507-8826 E: info@ebh.care Links: https://evolveaddictiontreatment.com/crossville-tn/ https://evolveaddictiontreatment.com/smithville-tn/	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White

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Residential Rehabilitation	Evolve Behavioral Health	4 hour a day, staff supervised treatment for patients medically and psychologically stable to proceed at this level of care. Patient's addiction acuity is severe enough to require this protective setting and intensive levels of intervention. Ongoing medical and neurological support (MAT) is also utilized at this level. Services include nutrition counseling, individual, group, family and activities therapy provided. Disease Education, Coping Skills Training and Relapse Prevention Services are also provided. Includes ongoing discharge planning and care coordination case management.	<p>Two locations in Upper Cumberland:</p> <p>955 Old Jamestown Highway Crossville, TN 38555 P: 865-444-1658</p> <p>115 W Market St. Smithville, TN 37166 P: 615-580-3166</p> <p>Additional contact info- P: 423-507-8826 E: info@ebh.care</p> <p>Links: https://evolveaddictiontreatment.com/crossville-tn/ https://evolveaddictiontreatment.com/smithville-tn/</p>	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
Intensive Outpatient Program	Evolve Behavioral Health	Provides intensive levels of professional intervention for persons whose acuity allows them to reside in local community while receiving treatment for their addiction. Includes individual, group, and family counseling in addition to Disease Education, Coping Skills Training and Relapse Prevention. Normally 4 days a week, 3 hours per session. IOP can be a point of entry or as step down from Detoxification, Residential and Partial Hospitalization levels of care. Driven by acuity. May be combined with MAT services.	<p>Two locations in Upper Cumberland:</p> <p>955 Old Jamestown Highway Crossville, TN 38555 P: 865-444-1658</p> <p>115 W Market St. Smithville, TN 37166 P: 615-580-3166</p> <p>Additional contact info- P: 423-507-8826 E: info@ebh.care</p> <p>Links: https://evolveaddictiontreatment.com/crossville-tn/ https://evolveaddictiontreatment.com/smithville-tn/</p>	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White

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Gender Specific Services	Evolve Behavioral Health	Ensuring that treatment interventions and levels of care ensure that especially women receive services with only other women and that specialized women's only interventions are provided. Allows for an emotionally safe environment for the gender to take risks in opening up emotionally and psychologically during therapeutic activities.	<p>Two locations in Upper Cumberland:</p> <p>955 Old Jamestown Highway Crossville, TN 38555 P: 865-444-1658</p> <p>115 W Market St. Smithville, TN 37166 P: 615-580-3166</p> <p>Additional contact info- P: 423-507-8826 E: info@ebh.care</p> <p>Links: https://evolveaddictiontreatment.com/crossville-tn/ https://evolveaddictiontreatment.com/smithville-tn/</p>	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
TLC (Talk, Listen, Compassion)	First Baptist Church Fairfield Glade	First Baptist Church offers a grief support program that covers all types of grief - depression, anxiety, death, lack of self-esteem and much more. Our purpose is to get our lives back on track after suffering grief so that we can lead joyful, happy, god-centered lives again. TLC meets the 2nd and 4th Tuesdays at 1pm	<p>130 Towne Center Way Crossville, TN 38571</p> <p>P: 931-484-6927</p> <p>E: ffgbbc@onhisrock.org</p> <p>Link: https://www.onhisrock.org</p>	Cumberland
Substance Abuse Recovery	Fourth Dimension	Programs for adults, male and female specific, and young adult for recovery related to alcoholism abstinence, mental health, substance abuse and opioid rehabilitation	<p>2229 West Ave Crossville, TN 38555</p> <p>P: 931-484-4255</p> <p>Link: www.rehab.com/fourth-dimension</p>	Cumberland
Residential Services	Generations Gaither's Group	Adult Residential Treatment Services, offering mental health treatment in a secure residential setting. Housing services provided to individuals with chronic mental health and associated medical needs.	<p>406 N Spring St. McMinnville, TN 37110</p> <p>P: 931-815-1212</p> <p>E: bhalfacre@generationsgaithers.com</p> <p>Link: http://www.generationsgaither.com</p>	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White

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Shelter	Genesis House Inc.	Emergency shelter services are based upon a belief that victims of domestic and sexual violence have the right to a safe place to live, knowledge advocacy, and ongoing supportive services to help them meet their needs in times of crisis. It is our belief that the cycle of domestic abuse can be broken when victims are given options and opportunities to increase their knowledge and develop a support system. To accomplish this end, we provide a 5-bedroom multifamily shelter, 24-hour crisis line, advocacy, counseling, and supportive services.	24-Hour Toll-Free Hotline: 1-800-707-5197 Office: 931-525-1637 E: info@genesishouseinc.com Link: https://genesishouseinc.com	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
Crisis Intervention	Genesis House Inc.	If you need to speak to someone about getting to a safe place, how to stay safe when interacting with the abuser, and other safety planning call one of our advocates at 931-526-5197, 1-800-707-5197, or 931-525-1637.	24-Hour Toll-Free Hotline: 1-800-707-5197 Office: 931-525-1637 E: info@genesishouseinc.com Link: https://genesishouseinc.com	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
Support Group for Survivors of Domestic & Sexual Violence	Genesis House Inc.	Support group is offered to victims and survivors on a weekly basis. It is a safe group setting where participants are allowed to support each other, learn about the dynamics of domestic and sexual violence, and share their experiences and ideas. Childcare is provided.	24-Hour Toll-Free Hotline: 1-800-707-5197 Office: 931-525-1637 E: info@genesishouseinc.com Link: https://genesishouseinc.com	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White

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Court Advocacy	Genesis House Inc.	If you have court or are trying to receive an Order of Protection, our court advocates can help you through that process and accompany you to court.	24-Hour Toll-Free Hotline: 1-800-707-5197 Office: 931-525-1637 E: info@genesishouseinc.com Link: https://genesishouseinc.com	Clay DeKalb Jackson Macon Overton Pickett Putnam Smith White
Community Education and Outreach	Genesis House Inc.	Genesis House offers free training and presentations to businesses, organizations, clubs, etc. in most of the Upper Cumberland region. Education is a vital part of prevention and awareness of sexual and domestic assault	24-Hour Toll-Free Hotline: 1-800-707-5197 Office: 931-525-1637 E: info@genesishouseinc.com Link: https://genesishouseinc.com	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
Professional Individual Counseling	Genesis House Inc.	If you are in need of professional counseling or therapy, whether you have insurance and means to pay or not, we can refer you for an appointment with one of our counselors.	24-Hour Toll-Free Hotline: 1-800-707-5197 Office: 931-525-1637 E: info@genesishouseinc.com Link: https://genesishouseinc.com	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White

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Health Link	Health Connect America	The main objective of Health Link is to coordinate health care services for TennCare members with the highest behavior health needs. The program is built to encourage the integration of physical and behavioral health, as well as mental health recovery. This service gives every member a chance to reach his or her full potential for living a rewarding and increasingly independent life in the community. The Health Link program provides whole-person and patient-centered services to consumers with TennCare.	236 Miller Ave. Crossville, TN 38555 P: 931-456-7551 E: infocrossvilletn@www.healthconnectamerica.com Link: https://www.healthconnectamerica.com/locations/hca-crossville-tn/	Cumberland Overton Putnam White
Intensive In-Home Services	Health Connect America	Health Connect America's Intensive In-Home Services provide trauma-informed mental health services to at-risk children, adolescents, and families. This program preserves the family unit and maintains the home environment. Crisis intervention and treatment, Individual and family counseling, Communication skills, Case management activities, Coordination with other services.	236 Miller Ave. Crossville, TN 38555 P: 931-456-7551 E: infocrossvilletn@www.healthconnectamerica.com Link: https://www.healthconnectamerica.com/locations/hca-crossville-tn/	Cumberland Overton Pickett Putnam White
Outpatient Mental Health	Health Connect America	We offer treatment for children, adolescents, and adults for the following conditions, in addition to many others: Depression, Anxiety, ADHD, Grief, Anger Management, Bipolar Disorder, Oppositional Defiance Disorder, Attachment Disorder, Trauma, Sexual & Physical Abuse.	236 Miller Ave. Crossville, TN 38555 P: 931-456-7551 E: infocrossvilletn@www.healthconnectamerica.com Link: https://www.healthconnectamerica.com/locations/hca-crossville-tn/	Cumberland Overton Putnam White
Psychiatric Clinical	Health Connect America	Our Psychiatric Clinical Services provides our clients with a psychiatric assessment with medication management. This program supports and enhances the therapeutic services we already provide to our clients and their families.	236 Miller Ave. Crossville, TN 38555 P: 931-456-7551 E: infocrossvilletn@www.healthconnectamerica.com Link: https://www.healthconnectamerica.com/locations/hca-crossville-tn/	Cumberland Overton Putnam White

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Substance Abuse Disorder	Health Connect America	Substance Use Disorder Services help individuals experiencing issues because of co-occurring substance use and mental health issues find hope and healing. This program is strength-focused and recovery-oriented.	236 Miller Ave. Crossville, TN 38555 P: 931-456-7551 E: infocrossvilletn@www.healthconnectamerica.com Link: https://www.healthconnectamerica.com/locations/hca-crossville-tn/	Cumberland Overton Putnam White
Supervised Visitation	Health Connect America	Health Connect America offers Supervised Visitation. This service is a one-to-one session where Health Connect America personnel ensure the safety of the children and all visitors.	236 Miller Ave. Crossville, TN 38555 P: 931-456-7551 E: infocrossvilletn@www.healthconnectamerica.com Link: https://www.healthconnectamerica.com/locations/hca-crossville-tn/	Cumberland Overton Putnam White
Therapeutic Foster Care	Health Connect America	This service is directed towards children with adverse childhood experiences, as well as emotional, behavioral, medical, or developmental needs. Children receive structured treatment within a therapeutic foster care setting. This program promotes well-being, family connections, and community integration.	236 Miller Ave. Crossville, TN 38555 P: 931-456-7551 E: infocrossvilletn@www.healthconnectamerica.com Link: https://www.healthconnectamerica.com/locations/hca-crossville-tn/	Cumberland Overton Putnam White
Soup Kitchen	Helping Hands Ministry	Onsite Soup Kitchen - Hot meals served Mon, Wed, Thurs and Fri 12p	216 E. Main St. McMinnville, TN 37110 P: 931-507-9070 E: tammy77helpinghandsministry@gmail.com	Warren
Homeless of McMinnville Efforts (H.O.M.E)	Homeless of McMinnville Efforts (H.O.M.E)	Hot meals, motels in inclement weather, clothes, toiletries, weekly showers, job & food stamp assistance, assistance in housing search.	P: 931-668-0702 E: Home371101@gmail.com Link: https://bridgingthegaptn.com/	Warren
Support Groups	HOPE Center of Warren County	A place to provide HOPE for those who seek to live a better and more productive life through recovery and the teaching of life skills. It is a place where people get a hand up and not a hand out. It's all about giving HOPE to those in need.	203 W Main St. Suite 12 McMinnville, TN 37110 P: 931-507-7800 E: hopecenterwc@yahoo.com Link: www.hopecenterwc.org	Warren

Name of Service	Organization Name	Service Description	Contact Info	Counties Available
Life Skills	HOPE Center of Warren County	Job interview skills and training; Resume building and cover letters; Financial management; Banking and budgeting; Purchasing and couponing; Literacy advancement; GED preparation; Healthy living	203 W Main St. Suite 12 McMinnville, TN 37110 P: 931-507-7800 E: hopecenterwc@yahoo.com Link: www.hopecenterwc.org	Warren
House of Hope	House of Hope	Cumberland Children’s Center, better known as the “House of Hope,” is a short-term care facility providing care and services for drug-endangered, abused, and at-risk children of Cumberland County.	165 Bob Tollett Loop Crossville, TN 28555 P: (931)707-2273 E: info@houseofhopetn.org Link: https://www.houseofhopetn.org/	Cumberland
Sober Living	Independence Again	A non-profit organization dedicated to helping combat addiction by providing a unique and specialized service that is not offered in traditional sober living facilities. We provide a safe, stable, sober living environment and high-quality case management services at no additional charge to the resident. Services are holistic and based on each individual's needs. A Licensed Alcohol and Drug Counselor oversees the care therapeutic interventions with CPRS and Trained Staff overseeing the case management. As well as the implementation of recovery plans and modification to goals. The support staff will also provide random alcohol and drug testing, program participation, and identity development	P.O. Box 2543 Cookeville, TN 38502 P: 931-510-9775 P: 888-417-0233 E: lynda@independenceagain.org Link: https://independenceagain.org	Putnam

Name of Service	Organization Name	Service Description	Contact Info	Counties Available
Residential Services	Independent Opportunities, Inc.	Provides residential services and resources for individuals with intellectual disabilities.	1225 S. Willow Ave., Suite A Cookeville, TN 38502 P: 931-528-7702 E: arochelle@iot-tn.com Link: https://ioi-tn.com	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
Addiction/Recovery Programs	Invitational Ministries	Our vision is to reach the hopeless, lost, and addicted by sharing the gospel of Jesus Christ. Our desire is to give them a foundation, encourage them to heal, teach them, empower them, and launch them out into their callings, either that be through program placement or our support groups, our leadership training program	PO Box 3622 Crossville, TN 38557 P: 931-250-3326 E: invitationministries@gmail.com Link: https://www.invitationministries.com/	Cumberland
Mentoring for Children & Youth	Kids On The Rise	Kids on the Rise provides a mentoring program for children and youth enrolled in Cumberland County Schools, Tennessee, who may be experiencing an opportunity gap or life-challenging situations. See FB page for updates and information.	348 Taylor St. Suite 102 Crossville, TN 38555 P: 931.459.2388 E: director@kidsontherise.org Link: https://www.kidsontherise.org/	Cumberland
Celina Head Start	L. B. J. & C. Head Start	Since its inception in 1965, the success of Head Start has been grounded in general values. These values frame all our work, whether our focus is on optimizing child health, enhancing our facilities, assessing our communities, pursuing strategic goals - or creating, expanding and enriching school readiness initiatives.	306 Williamson St. Celina, TN 38551 P: 931-243-2266 E: celina@lbjc.org Link: https://www.lbjc.org/about-us.html	Clay
Gainesboro Head Start	L. B. J. & C. Head Start	Since its inception in 1965, the success of Head Start has been grounded in general values. These values frame all our work, whether our focus is on optimizing child health, enhancing our facilities, assessing our communities, pursuing strategic goals - or creating, expanding and enriching school readiness initiatives.	745 South Grundy Quarles Hwy. Gainesboro, TN 38562 P: 931-268-3312 E: gainesboro@lbjc.org Link: https://www.lbjc.org/about-us.html	Jackson

Name of Service	Organization Name	Service Description	Contact Info	Counties Available
Algood Head Start	L. B. J. & C. Head Start	Since its inception in 1965, the success of Head Start has been grounded in general values. These values frame all our work, whether our focus is on optimizing child health, enhancing our facilities, assessing our communities, pursuing strategic goals - or creating, expanding and enriching school readiness initiatives.	180 West Church St. Algood, TN 38506 P: 931-537-9057 E: Algood@lbjc.org Link: https://www.lbjc.org/about-us.html	Putnam
Monterey Head Start	L. B. J. & C. Head Start	Since its inception in 1965, the success of Head Start has been grounded in general values. These values frame all our work, whether our focus is on optimizing child health, enhancing our facilities, assessing our communities, pursuing strategic goals - or creating, expanding and enriching school readiness initiatives.	705 E. Commercial Ave. Monterey, TN 38574 P: 931-839-3323 E: monterey@lbjc.org Link: https://www.lbjc.org/about-us.html	Putnam
Shiloh Head Start	L. B. J. & C. Head Start	Since its inception in 1965, the success of Head Start has been grounded in general values. These values frame all our work, whether our focus is on optimizing child health, enhancing our facilities, assessing our communities, pursuing strategic goals - or creating, expanding and enriching school readiness initiatives.	839 P. Brewington Rd. Cookeville, TN 38501 P: 931-268-2759 E: shiloh@lbjc.org Link: https://www.lbjc.org/about-us.html	Putnam
South Cookeville Head Start	L. B. J. & C. Head Start	Since its inception in 1965, the success of Head Start has been grounded in general values. These values frame all our work, whether our focus is on optimizing child health, enhancing our facilities, assessing our communities, pursuing strategic goals - or creating, expanding and enriching school readiness initiatives.	571 South Willow Ave. Cookeville, TN 38501 P: 931-372-8021 E: cookeville@lbjc.org Link: https://www.lbjc.org/about-us.html	Putnam
Bondecroft Head Start	L. B. J. & C. Head Start	Since its inception in 1965, the success of Head Start has been grounded in general values. These values frame all our work, whether our focus is on optimizing child health, enhancing our facilities, assessing our communities, pursuing strategic goals - or creating, expanding and enriching school readiness initiatives.	9020 Crossville Hwy. Sparta, TN 38583 P: 931-935-8420 E: bondecroft@lbjc.org Link: https://www.lbjc.org/about-us.html	White

Name of Service	Organization Name	Service Description	Contact Info	Counties Available
Sparta Head Start	L. B. J. & C. Head Start	Since its inception in 1965, the success of Head Start has been grounded in general values. These values frame all our work, whether our focus is on optimizing child health, enhancing our facilities, assessing our communities, pursuing strategic goals - or creating, expanding and enriching school readiness initiatives.	430 North Spring St. Sparta, TN 38583 P: 931-836-2615 E: sparta@lbjc.org Link: https://www.lbjc.org/about-us.html	White
L. B. J. & C. Central Office	L. B. J. & C. Head Start	L.B.J.& C. Head Start's vision is to be a model program by collaborating internally and partnering externally with the community to measurably improve the school readiness skills of children that will strengthen our families and communities.	1150 Chocolate Dr. Cookeville, TN 38501 P: 931-528-3361 E: information@lbjc.org Link: https://www.lbjc.org/about-us.html	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
Assistance for Visual Impaired	Lions Club of Tennessee	Assisting the visually impaired and working with local youth and disaster relief efforts. Lions Clubs provides assistance with eye exams and eye wear.	Headquarters: 505 Fesslers Lane Nashville, TN 37210 P: 615-690-8644 E: tennesseelionsocialmedia@gmail.com Link: www.lionsoftennessee.com	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White

Name of Service	Organization Name	Service Description	Contact Info	Counties Available
Christian Recovery Ministries	Manna House Ministries	Manna House Ministries is an outreach resource ministry for those suffering in the bondage of addiction. We have a vision to bring the Gospel message of Jesus Christ to those suffering from this bondage. We are dedicated to finding the appropriate treatment options for those seeking to overcome their addictions. The Manna House ministries office is a resource hub for individuals and families in need of suitable recovery options.	326 Whiteoak St. Jamestown, TN 38556 P: 931-752-7075 E: Use the contact form- https://www.mannahouseministries.org/contact-us/ Link: https://www.mannahouseministries.org	Clay Fentress Pickett
SOCAT – System of Care Across TN	Mental Health Cooperative	Our teams provide care management (home, school, community), evidence-based psychotherapy and child /adult psychiatry (as needed). We believe that working with our clients in their natural environment is the best way to gain positive results that last and occur across multiple settings. Intensive wraparound approach for children under 21 years of age.	418 N. Willow Ave. Cookeville, TN 38501 P: 931-646-5600 E: Use the contact form- https://www.mhc-tn.org/contact-us/ Link: https://www.mhc-tn.org	Cannon DeKalb Jackson Macon Putnam Smith Van Buren Warren White
Community-based Care Management	Mental Health Cooperative	Our community-based care managers help your family in a number of ways. They help you to find and access the services you need. We can help with: Behavior management assistance in the home; Eligibility benefits and financial supports; Assistance with school meetings and other appointments; Alcohol & drug treatment; Juvenile court assistance; School consultation. Care managers also use a process named collaborative problem solving to identify and build skills that may be lacking, such as self-esteem, anger management, paying attention and relaxation.	418 N. Willow Ave. Cookeville, TN 38501 P: 931-646-5600 E: Use the contact form- https://www.mhc-tn.org/contact-us/ Link: https://www.mhc-tn.org	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White

Name of Service	Organization Name	Service Description	Contact Info	Counties Available
Intensive Care Management	Mental Health Cooperative	MHC offers varying intensity levels of care management depending on the specific needs of the child or adolescent.	418 N. Willow Ave. Cookeville, TN 38501 P: 931-646-5600 E: Use the contact form- https://www.mhc-tn.org/contact-us/ Link: https://www.mhc-tn.org	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
Psychiatry	Mental Health Cooperative	Psychiatric Evaluation & Recommendations for Treatment including medication management.	418 N. Willow Ave. Cookeville, TN 38501 P: 931-646-5600 E: Use the contact form- https://www.mhc-tn.org/contact-us/ Link: https://www.mhc-tn.org	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
Psychotherapy	Mental Health Cooperative	Individual and family therapy.	418 N. Willow Ave. Cookeville, TN 38501 P: 931-646-5600 E: Use the contact form- https://www.mhc-tn.org/contact-us/ Link: https://www.mhc-tn.org	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White

Name of Service	Organization Name	Service Description	Contact Info	Counties Available
(M.O.M.) Mothers of Mercy / Men of Mercy Peer Support Group	Moments of Mercy	<p>Peer support programs include Mothers of Mercy and Men of Mercy. Peer led support meetings for mothers and/or fathers in recovery from substance abuse, or who have been separated from their children due to substance use disorders or other hardships.</p> <p>Moments of Mercy offers weekly support groups, as well as one-on-one peer support sessions for mothers and fathers recovering from substance abuse disorders. M.O.M. provides peer support mentors and assistance for mothers and fathers to identify their goals and barriers to determine the best individualized plan and resources for the individual.</p>	<p>108 N. Washington Ave. Cookeville, TN 38501</p> <p>P: 931-239-8606</p> <p>E: misty@mercymom.org</p> <p>Link: https://www.facebook.com/people/Moments-of-Mercy/100068337501962/</p>	Jackson Putnam
Narcotics Anonymous TN	Narcotics Anonymous	Substance Abuse & Addiction	P: 800-407-7195	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
National Center on Elder Abuse	National Center on Elder Abuse	The NCEA provides the latest information regarding research, training, best practices, news and resources on elder abuse, neglect and exploitation to professionals and the public. First established by the U.S. Administration on Aging (AoA) in 1988 as a national elder abuse resource center, the NCEA was granted a permanent home at AoA in the 1992 amendments made to Title II of the Older Americans Act.	P: 800-500-3537	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White

Name of Service	Organization Name	Service Description	Contact Info	Counties Available
National Suicide Prevention Lifeline	National Suicide Prevention Lifeline	We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.	P: 800-273-8255	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
Grief Share / Bereavement Support Group	New Beginnings Bereavement Support Group (Cumberland Co)	Support group assisting those who have lost a loved one. Meetings are held at First United Methodist Church, Crossville, TN	100 Braun St. Crossville, TN 38555 P: 931-484-4748	Cumberland
Wellness	Peaks of Hope	Improve relationships and community. This is provided through classes, coaching, mentoring and collaboration: in-person and virtually	4188 Peavine Suite 101 Crossville, TN 38571 P: 931-229-0098 E: peaksofhopecc@gmail.com Link: https://www.peaksofhopecc.com/home	Cumberland
Outpatient Mental Health Services	Plateau Mental Health Center	Outpatient counseling, medication management, and care coordination.	1200 South Willow Ave. Cookeville, TN 38506 P: 1-877-567-6051 E: Use the contact form- https://www.vbhcs.org/contact/ Link: https://www.vbhcs.org	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White

Name of Service	Organization Name	Service Description	Contact Info	Counties Available
Choices Women's Program	Plateau Mental Health Center	The Choices program provides the support you need to make your recovery real. Experience genuine support and develop real-life skills to prevent relapse. Become a part of Choices and experience real recovery. The Choices program offers an intensive outpatient program, meeting three days per week, for three hours per day. After completing the intensive outpatient program, aftercare support groups meet regularly to help you stay on your path to recovery.	1200 South Willow Ave. Cookeville, TN 38506 P: 931-250-4918 P: 931-260-8022 E: Use the contact form- https://www.vbhcs.org/contact/ Link: https://www.vbhcs.org	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
Peer Support Center	Plateau Mental Health Center	Free to any adult who has a mental health or co-occurring illness. Health, wellness, educational, and social activities provided to assist members in achieving their goals.	1200 South Willow Ave. Cookeville, TN 38506 P: 931-218-2399 E: Use the contact form- https://www.vbhcs.org/contact/ Link: https://www.vbhcs.org	Putnam White
SOCAT – System of Care Across TN	Plateau Mental Health Center	System of Care Across TN is an intensive in home wraparound service for children and youth at risk of out of home placement.	1200 South Willow Ave. Cookeville, TN 38506 P: 931-432-4123 E: Use the contact form- https://www.vbhcs.org/contact/ Link: https://www.vbhcs.org	Cumberland Jackson Overton Putnam White
Student and Family Services	Putnam County Schools	Assist families with basic needs at the home, school supplies, and educational needs.	2353 N. Washington Ave. Cookeville, TN 38501 P: 931-525-4707 E: kristy.hunt@pcsstn.com Link: https://www.pcsstn.com	Putnam; must have a child enrolled in Putnam Co. schools

Name of Service	Organization Name	Service Description	Contact Info	Counties Available
Recovery Link	Recovery Link	<p>Connects people who suffer from addiction to treatment and directs them toward recovery. Serves East TN residents, and will assist anyone, free of charge, in finding the treatment program that is right for them, finding programs that will work with an individual's insurance, or lack thereof. Can also provide community resources and services for family members of individuals struggling with addiction.</p> <p>Recovery Link Can Connect You With: Detoxification, including pregnancy detox, and medically-assisted detox; Inpatient, residential treatment for 30, 60, 90, etc., days; Intensive Outpatient Programs (IOPs); Mental Health Case Management; Support Groups; Adolescent behavioral and residential programs; Halfway housing, transitional housing, and Sober Living; Crisis Stabilization Units (CSUs); Partial Hospitalization Programs; Family Resources; Community Resources, such as housing, food, transportation, etc.; Parenting Classes, Legal Services;; Psychiatry and medication management;; Individual, family, and group therapies; And More!</p>	<p>P: (865) 374-LINK (5465)</p> <p>E: Use the contact form- https://www.peninsulabehavioralhealth.org/contact-us/</p> <p>Link: https://www.peninsulabehavioralhealth.org/recovery-link/</p>	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
Sexual Assault Hotline	Sexual Assault Hotline	<p>RAINN is the nation's largest anti-sexual violence organization. RAINN created and operates the National Sexual Assault Hotline in partnership with more than 1,000 local sexual assault service providers across the country. If you or someone you know has been sexually assaulted, help is available.</p>	<p>P: 800-656-4673</p>	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White

Name of Service	Organization Name	Service Description	Contact Info	Counties Available
Naloxone Training	Smith County Drug Prevention Coalition	The Smith County Drug Prevention Coalition certifies and trains people who live in the Upper Cumberland region on how to give the lifesaving medication Naloxone and provides two doses of the nasal spray to certified people at no cost.	115 Water Street Carthage, TN 37030 P: 615-588-1622 E: smithcodrugprevention@yahoo.com Link: http://smithcodrugprevention.org	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
Drug Drop Boxes	Smith County Drug Prevention Coalition	Smith County now has two convenient drug drop boxes. These locations are available, 24/7, to discard unused, unwanted medications. Anyone can drop off prescription, over-the-counter, or veterinarian medicines at the Smith County Sheriff Department or at the Carthage Police Department.	322 Justice Dr. #200 Carthage, TN 37030 P: 615-588-1622 E: contactus@SmithCoDrugPrevention.org Link: www.smithcodrugprevention.org	Smith
Social Security	Social Security Administration	Anti-poverty programs providing financial protection for retirees, children, widows and widowers. Information and assistance with social security card replacements, information on retirement, disability, SSI and Medicare.	900 Sparta Street McMinnville, TN 37110 P: 877-616-2515 TTY 931-506-9220 E: N/A, must call Link: https://www.ssa.gov	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White

Name of Service	Organization Name	Service Description	Contact Info	Counties Available
Six Week Program	Standing Tall Life Skills Inc.	Empowers youth in Cumberland and surrounding counties to reach their fullest potential through a wide range of life skills training and interactions with horses. We care about our children and provide them with a number of enrichment programs to help shape their identity. Classes provide participants the chance to meet other children and make new friends. These positive experiences build self-confidence. Come experience it for yourself today!	1450 Westchester Dr. Crossville, TN 38558 P: 931-200-2195 E: standingtall.lifeskills@gmail.com Link: www.standingtallcrossville.com	Cumberland
Leadership Class	Standing Tall Life Skills Inc.	The Leadership class provides Standing Tall graduates with the opportunity to continue their life skills training. This class explores the difference between a manager and a strong leader in the workforce of tomorrow.	1450 Westchester Dr. Crossville, TN 38558 P: 931-200-2195 E: standingtall.lifeskills@gmail.com Link: www.standingtallcrossville.com	Cumberland
Junior Volunteer Program	Standing Tall Life Skills Inc.	Designed to provide graduates of Standing Tall the tools they need to be great leaders of tomorrow. As Standing Tall Ambassadors, they are tasked to reach out to other children who may be experiencing social issues. They may serve as junior recruiters, fundraisers, and promote Standing Tall. Volunteer hours may be used toward the application of the HOPE college scholarship grant.	1450 Westchester Dr. Crossville, TN 38558 P: 931-200-2195 E: standingtall.lifeskills@gmail.com Link: www.standingtallcrossville.com	Cumberland
Anti-drug Programs	Teens Against Drugs	Just Say No Clubs, all elementary schools in the county. Junior TAD Clubs, in 7th and 8th grades. Teens Against Drugs at Cumberland County High School	261 Yvonne Ave. Crossville, TN 38555 P: 931-456-2859 E: Contact form- https://tadcenter.org/contact-us/ Link: www.tadcenter.org	Cumberland
Early Intervention Class	Teens Against Drugs	Designed for youth to 18, who violate the Tennessee Drug Free Youth Act, are held each month at the TAD Center.	261 Yvonne Ave. Crossville, TN 38555 P: 931-456-2859 E: Contact form- https://tadcenter.org/contact-us/ Link: www.tadcenter.org	Cumberland

Name of Service	Organization Name	Service Description	Contact Info	Counties Available
Center Youth Activities	Teens Against Drugs	The TAD Center offers many different activities, including arts and crafts, game rooms, a gymnasium for basketball and volleyball, a weight room, and even a concession stand. The center is available for activities by other groups that also help our youth find a drug-free life style, such as churches, schools, Boy Scouts, and Girl Scouts.	261 Yvonne Ave. Crossville, TN 38555 P: 931-456-2859 E: Contact form- https://tadcenter.org/contact-us/ Link: www.tadcenter.org	Cumberland
Regional Overdose Prevention Specialists – Region 3N	Tennessee Dept. of Mental Health and Substance Abuse Services	Regional Overdose Prevention Specialists (ROPS) are located throughout the state of Tennessee as a point of contact for training and education on opioid overdose and for overdose prevention through the distribution of naloxone. From October 2017 through March 2023, the ROPS distributed more than 450,000 units of naloxone, and TDMHSAS has documented at least 60,000 lives saved because of naloxone distributed during that time. Because of stigma and other factors, the department believes the actual number of lives saved is much higher.	Suzanne Angel sangel.rops3n@gmail.com 615-588-1622 Justin Cantrell JCantrell.rops3n@gmail.com 931-854-5768 Links: https://www.tn.gov/behavioral-health/substance-abuse-services/prevention/rops.html https://www.tn.gov/content/dam/tn/mental-health/documents/ROPS_Map_12723.pdf	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
Veteran Crisis Line	Tennessee Dept. of Veteran Services	Hotline for veterans with a mental health crisis	800-273-8255 (press 1)	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White

Name of Service	Organization Name	Service Description	Contact Info	Counties Available
Insurance Counseling	Tennessee Health Care Campaign	Non-profit who advocates for policies and programs that improve the health and wellbeing of Tennesseans. Help with enrollment into ACA Marketplace Insurance and Medicaid.	P: 1-844-644-5443 E: director@tnhealthcarecampaign.org Link: https://tnhealthcarecampaign.org	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
TennCare Technical Assistance	Tennessee Justice Center	The Tennessee Justice Center (TJC) is one of the nation's leading 501(c)(3) non-profit legal advocacy firms. We focus on helping TennCare enrollees access the health services to which they are entitled. TJC offers free self-help guidance for people who believe they may be eligible for TennCare (Tennessee's Medicaid program), CoverKids, Medicare Savings Programs, CHOICES, and Employment and Community First (ECF) CHOICES. Our client advocates can provide free assistance for appeal requests for public health benefits programs.	217 7th Ave. N Ste. 100 Nashville, TN 37219 P: 615-255-0331 P: 1-877-608-1009 E: info@tnjustice.org Link: https://www.tnjustice.org/	Cannon Clay Cumberland DeKalb Macon Overton Pickett Putnam Warren White
Emotional Recovery From COVID-19	Tennessee Recovery Project	Nonprofit established as a supportive resource to help relieve the effects of the COVID-19 crisis with specific emphasis on emotional well-being. Services to help relieve the effects of COVID-19 crisis with emphasis on emotional wellbeing.	Hotline Number: 833-954-2424	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White

Name of Service	Organization Name	Service Description	Contact Info	Counties Available
Respite Care – Assistance for Caregivers	Tennessee Respite Coalition	Relief to families and caregivers from the extraordinary and intensive demands of providing ongoing care.	<p>2685 North Mt. Juliet Rd. Mt. Juliet, TN 37122</p> <p>To apply for our Respite Voucher Program, please call our office at 888-579-3754 for assistance.</p> <p>Additional phone: 615-269-8687</p> <p>E: info@tnrespice.org</p> <p>Link: https://tnrespice.org/about/</p>	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
Temporary Shelter	The Emmanuel House	Temporary shelter where homeless women and children can find temporary housing, spiritual mentorship, transportation, life skill training, education and access to recover and social services. This will enable these women to find jobs or go back to school to better themselves	<p>P: 615-588-1995</p> <p>E: theemmanuelhouse@outlook.com</p> <p>Links: www.theemmanuelhouse.org www.facebook.com/the.emmanuel.house</p>	Smith
Addiction and Mental Health Services	The Next Door	The Next Door is a non-profit organization dedicated to serving women in crisis, equipping them for lives of wholeness and hope. The Next Door provides services to women who are impacted by addiction, mental illness, trauma and/or incarceration. We provide a continuum of evidence-based substance abuse and mental health services for women in an environment of faith and healing to restore hope and a lifetime of recovery.	<p>402 22nd Ave. Nashville, TN 37203</p> <p>P: 855-863-4673</p> <p>E: Use the contact form- https://thenextdoor.org/contact/</p> <p>Link: https://thenextdoor.org</p>	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
Organized Unit Activities	The Young Marines	Upon joining a local Young Marines unit, recruits undergo a 26-hour orientation program, sometimes spread out over several weekly meetings and sometimes over the course of a weekend. Youth members learn general subjects such as history, customs and courtesies, close order drill, physical fitness, and military rank structure.	<p>237 Taylor St. Crossville, TN 38555</p> <p>P: 931-250-2999</p> <p>E: Use the contact form- https://youngmarines.org/contactus</p> <p>Link: www.youngmarines.org</p>	Cumberland

Name of Service	Organization Name	Service Description	Contact Info	Counties Available
This is Living Ministries	This is Living Ministries	<p>How We Help: Disciple women in establishing a relationship with Jesus and realizing their individual potential according to God’s plan for them. (Jeremiah 29:11)</p> <p>Help women heal from past traumas; Provide a safe, loving home environment; Provide clothing, identification, food, love, and hygiene during the program; Work opportunity development: interviewing skills, computer skills, resume building; Provide women with opportunities to give back to the community and adopt a positive, responsible lifestyle; Train in life skills: cooking, cleaning, budgeting, furthering education, parenting, coping skills, marriage; Help women plan to obtain and maintain permanent, safe, and affordable housing after program completion; Give women opportunities to share their faith and encourage others in following Christ</p>	<p>P.O. Box 3756 Cookeville, TN 38502</p> <p>P: 865-258-6193</p> <p>E: info@thisislivingministries.org</p> <p>Link: https://www.thisislivingministries.org</p>	<p>Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White</p>
TN Redline	TN Redline	<p>The Tennessee REDLINE is the 24/7/365 resource for substance abuse treatment referrals. Tennessee REDLINE has served as a referral service to addiction treatment for people and their families looking for help for substance use disorder. The service is provided by the Tennessee Association for Alcohol, Drug and other Addiction Services (TAADAS) through a contract with the Department of Mental Health and Substance Abuse Services (TDMHSAS).</p>	<p>500 Deaderick Street Nashville, TN 37243</p> <p>P: Anyone can call or text 800-889-9789 for confidential referrals.</p> <p>E: oca.tdmhsas@tn.gov</p> <p>Link: https://www.tn.gov/behavioral-health/substance-abuse-services/prevention/tennessee-redline.html</p>	<p>Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White</p>

Name of Service	Organization Name	Service Description	Contact Info	Counties Available
Youth Service Agency	Upper Cumberland Council on Children and Youth	We lead systems improvement for all children and families through data-driven advocacy, education, and collaboration.	1100 England Drive Cookeville, TN 38501 P: 931-646-0955 E: tccy.info@tn.gov Link: https://www.tn.gov/TCCY	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
Relative Caregiver Program	Upper Cumberland Development District	The program offers support services and resources to relatives raising relative children whose biological parents are no longer able to do so. The RCP provides monthly support groups and enrichment activities, as well as emergency financial support for these families.	1104 England Drive Cookeville, TN 38501 P: 931-432-4111 E: mallison@ucdd.org E: mriddle@ucdd.org Link: https://ucdd.org	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
Senior Centers of the Upper Cumberland	Upper Cumberland Development District	Facilitating the social, emotional and physical well-being of Tennessee adults age 60 and over as part of a comprehensive & coordinated system of services and activities. Services include: Resource Information, Congregate Meals, Health Promotion, Physical Fitness and Education, Recreation, Education, Telephone Reassurance, and Evidence Based Programs.	1104 England Drive Cookeville, TN 38501 P: 1-866-836-6678 Links: https://ucdd.org https://www.tnaaad.org	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White

Name of Service	Organization Name	Service Description	Contact Info	Counties Available
Family Caregiver	Upper Cumberland Development District	Provides services for those in a family caregiver role. These are family members who are the primary providers of long-term care for older adults and adults with disabilities. These services include: Counseling, support groups, training, respite care, and other supplemental services (such as home delivered meals, homemaker aide, and personal care)	1104 England Drive Cookeville, TN 38501 P: 1-866-836-6678 Links: https://ucdd.org https://www.tnaaad.org	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
Information and Assistance	Upper Cumberland Development District	Assisting adults age 60 and over, adults with disabilities, caregivers, and agencies and organizations seeking assistance on behalf of another by linking them with available services and resources that aid in providing a safe, healthy, independent, and improved quality of life.	1104 England Drive Cookeville, TN 38501 P: 1-866-836-6678 Links: https://ucdd.org https://www.tnaaad.org	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
CREVAA – Collaborative Response to Elder & Vulnerable Adult Abuse	Upper Cumberland Development District	Emergency services & coordination of long-term services and supports. Assists primary and secondary victims of crime to stabilize their life after a victimization.	1104 England Drive Cookeville, TN 38501 P: 931-432-4111 Link: https://ucdd.org/aaad/crevaa/	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White

Name of Service	Organization Name	Service Description	Contact Info	Counties Available
SMP – Senior Medical Patrol	Upper Cumberland Development District	Provides outreach, counseling, and education related to Medicare & TennCare health care fraud, errors, and abuse.	1104 England Drive Cookeville, TN 38501 P: 1-866-836-7677 Link: https://tnmedicarehelp.com	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
Victim Services	Upper Cumberland Family Justice Center	A safe place for victims of domestic violence, sexual assault, elder abuse, or child abuse to find comprehensive support services. These include: Orders or protections, Safety planning, domestic violence advocacy, lethality assessments, law enforcement assistance, Prosecution assistance, civil legal asst., counseling, language interpretation, emergency shelter housing, mental health asst., public services asst., substance abuse counseling.	269 S. Willow Ave. Cookeville, TN 38501 P: 931-528-1512 E: Use the contact form- https://ucfamilyjusticecenter.org/contact Link: https://ucfamilyjusticecenter.org	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
Service Coordination	Upper Cumberland Human Resource Agency	At the Upper Cumberland Human Resource Agency, we strive to improve the quality of life through out the region. Through our diverse array of services, we connect and provide individuals, families, and businesses with resources they need. To help you find the service that you need, we have a Service Coordination Form. Download the form and complete. You can then save the form (using Adobe Reader) or print a hard copy.	580 S. Jefferson Ave. Ste. B Cookeville, TN 38501 P: 931-528-1127 E: services@uchra.com Link: https://uchra.org	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White

Name of Service	Organization Name	Service Description	Contact Info	Counties Available
CACFP – Child & Adult Care Food Program	Upper Cumberland Human Resource Agency	The Child & Adult Care Food Program (CACFP), funded by the Department of Human Services (DHS) supplements the cost of meals and snacks to caregivers for children enrolled in Approved or Licensed Day Care Homes.	580 S. Jefferson Ave. Ste. B Cookeville, TN 38501 P: 931-528-1127 E: services@uchra.com Link: https://uchra.org	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
SSBG – Social Services Block Grant	Upper Cumberland Human Resource Agency	Home maker services for individuals that have been referred from Adult Protective Services.	580 S. Jefferson Ave. Ste. B Cookeville, TN 38501 P: 931-528-1127 E: services@uchra.com Link: https://uchra.org	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
SAS – Substance Abuse Solutions	Upper Cumberland Human Resource Agency	Substance Abuse Solutions (SAS) works with individuals from entry into the program to stability in life. SAS will work with an individual for up to two years while in the program to help them get their life back from what substance abuse stole from them.	580 S. Jefferson Ave. Ste. B Cookeville, TN 38501 P: 931-528-1127 E: services@uchra.com Link: https://uchra.org	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White

Name of Service	Organization Name	Service Description	Contact Info	Counties Available
Juvenile Community Intervention	Upper Cumberland Human Resource Agency	Designed for juvenile offenders, the Community Intervention Services Program for Juvenile Offenders helps reduce the number of youths committed to institutions by allowing them to remain in their community under intensive supervision with alcohol and drug treatment, community service work, family and individual counseling, education and employment assistance.	580 S. Jefferson Ave. Ste. B Cookeville, TN 38501 P: 931-528-1127 E: services@uchra.com Link: https://uchra.org	Cumberland DeKalb Fentress Macon Smith Warren White
CASA – Court Appointed Special Advocate	Upper Cumberland Human Resource Agency	Court Appointed Special Advocates are solely for the child throughout the case. Sworn-in by the judge, CVAs have the court’s authority to interview physicians, educators, neighbors, anyone, with knowledge about the child’s situation. The CASA program at UCHRA helps recruit, train, and support these volunteers.	580 S. Jefferson Ave. Ste. B Cookeville, TN 38501 P: 931-528-1127 E: services@uchra.com Link: https://uchra.org	Cumberland Overton Putnam Smith
CHANCE Youth Home	Upper Cumberland Human Resource Agency	UCHRA currently operates the CHANCE group home for girls. This facility provides a safe, highly structured, therapeutic environment where each youth knows their value, and with compassion and perseverance, and relationships can be restored; providing an opportunity to change their lives and discover their strengths and gain the confidence needed to lead healthy, harmonious, and productive lives when given a second chance.	580 S. Jefferson Ave. Ste. B Cookeville, TN 38501 P: 931-528-1127 E: services@uchra.com Link: https://uchra.org	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White

Name of Service	Organization Name	Service Description	Contact Info	Counties Available
Empower Upper Cumberland	Upper Cumberland Human Resource Agency	Empower Upper Cumberland is a new initiative brought to the region to reimagine how we support families in reaching their full potential. Throughout the next three years, we will be enrolling and working with eligible low-income families throughout the Upper Cumberland and helping them navigate their unique journey to increase their chances of success. Specifically, we are looking to help remove barriers along their educational and employment pathways while also helping them increase their sense of community along the way.	580 S. Jefferson Ave. Ste. B Cookeville, TN 38501 P: 833-367-9782 E: Use the contact form- https://empoweruppercumberland.org/contact-us/ Link: https://empoweruppercumberland.org	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
Putnam County Health Department	Upper Cumberland Regional Health Departments	Services vary by location. Core services include: Child Health, Immunization Shots, Primary Care, Family Planning, STD Control, Tuberculosis Control, Nutrition, WIC, Prenatal, Vital Records, Health Ed, and more.	701 County Services Dr. Cookeville, TN 38501 P: 931-528-2531 E: Call to schedule appointment Links: http://www.putnamcountyttnhealthdept.com https://www.tn.gov/health/health-program-areas/localdepartments.html https://www.tn.gov/health.html	Putnam
Clay County Health Department	Upper Cumberland Regional Health Departments	Services vary by location. Core services include: Child Health, Immunization Shots, Primary Care, Family Planning, STD Control, Tuberculosis Control, Nutrition, WIC, Prenatal, Vital Records, Health Ed, and more.	115 Guffey St. Celina, TN 38551 P: 931-243-2651 E: Call to schedule appointment Links: https://www.tn.gov/health/health-program-areas/localdepartments.html https://www.tn.gov/health.html	Clay
Jackson County Health Department	Upper Cumberland Regional Health Departments	Services vary by location. Core services include: Child Health, Immunization Shots, Primary Care, Family Planning, STD Control, Tuberculosis Control, Nutrition, WIC, Prenatal, Vital Records, Health Ed, and more.	600 N. Murray St. Gainesboro, TN 38562 P: 931-268-0218 E: Call to schedule appointment Links: https://www.tn.gov/health/health-program-areas/localdepartments.html https://www.tn.gov/health.html	Jackson

Name of Service	Organization Name	Service Description	Contact Info	Counties Available
White County Health Department	Upper Cumberland Regional Health Departments	Services vary by location. Core services include: Child Health, Immunization Shots, Primary Care, Family Planning, STD Control, Tuberculosis Control, Nutrition, WIC, Prenatal, Vital Records, Health Ed, and more.	135 Walker St. Sparta, TN 38583 P: 931-836-2201 E: Call to schedule appointment Links: https://www.tn.gov/health/health-program-areas/localdepartments.html https://www.tn.gov/health.html	White
Local/Regional Health Department – Putnam	Upper Cumberland Regional Health Departments	Services vary by location. Core services include: Child Health, Immunization Shots, Primary Care, Family Planning, STD Control, Tuberculosis Control, Nutrition, WIC, Prenatal, Vital Records, Health Ed, and more.	1100 England Drive Cookeville, TN 38501 P: 931-528-7531 Link: https://www.tn.gov/health/health-program-areas/localdepartments/upper-cumberland-region.html	Putnam
Cannon County Substance Abuse Prevention Coalition	Upper Cumberland Substance Abuse Coalitions	Helping build a safer, healthier, drug-free community.	P: (615) 542-6508 E: cannoncoalition@gmail.com Link: https://www.facebook.com/cannoncoalition/	Cannon
Clay County Anti-Drug Coalition	Upper Cumberland Substance Abuse Coalitions	Our mission is to form partnerships between people and organizations in efforts of prevention and reduction of alcohol and substance abuse and related issues in Clay County.	139 East Lake Ave. Suite E, Celina, TN 38551 P: 931-243-3334 E: claycountyadc@gmail.com Link: https://claycoalition.weebly.com/	Clay
Cumberland Prevention Coalition	Upper Cumberland Substance Abuse Coalitions	Mission: To partner with the diverse elements of Cumberland County in a united substance abuse prevention effort designed to empower individuals, strengthen families, and build character and resiliency resulting in drug-free children, youth, and adults.	2954 US 70 N Suite 102 Crossville, TN 38571 P: 931-210-0384 E: programs@cumberlandpreventioncoalition.org Links: https://cumberlandpreventioncoalition.org/ https://www.facebook.com/people/Cumberland-Prevention-Coalition/100077708100177/	Cumberland

Name of Service	Organization Name	Service Description	Contact Info	Counties Available
DeKalb Prevention Coalition	Upper Cumberland Substance Abuse Solutions	The mission of the DeKalb County coalition is to unite community leaders and citizens of DeKalb County forming strong partnerships across major community sectors with the goal of reducing substance abuse.	<p>720 South Congress Blvd. Smithville, TN 37166</p> <p>P: 615-580-9290</p> <p>E: info@DeKalbCoPreventionCoalition.org</p> <p>Link: http://dekalbcopreventioncoalition.org/</p>	DeKalb
Fentress County Prevention Coalition	Upper Cumberland Substance Abuse Coalitions	The coalition will focus on education, prevention, and reducing the stigmas attached with substance abuse. We are uniting our community to work on programs that reduce the likelihood of substance abuse.	<p>P: 931-752-7075</p> <p>E: Use the contact form- https://www.mannahouseministries.org/contact-us/</p> <p>Links: https://www.mannahouseministries.org/prevention-coalition/ https://www.facebook.com/people/Fentress-County-Prevention-Coalition/100077155906458/?sk=about</p>	Fentress
Jackson County Prevention Partnership	Upper Cumberland Substance Abuse Coalitions	Our vision is to improve the health and well-being of youth and adults in Jackson County.	<p>201 W. Hull Ave. Gainesboro, TN 38562</p> <p>P: 931-704-7718</p> <p>E: info@jcprevention.org</p> <p>Link: https://www.facebook.com/JCPrevention</p>	Jackson
Macon County Prevention Coalition	Upper Cumberland Substance Abuse Coalitions	Substance use prevention through empowerment, education, and advocacy.	<p>Lafayette, TN</p> <p>E: maconcountyadc@gmail.com</p> <p>Link: https://www.facebook.com/maconcountyprventionco</p>	Macon

Name of Service	Organization Name	Service Description	Contact Info	Counties Available
Overton County Anti-Drug Coalition	Upper Cumberland Substance Abuse Coalitions	The Overton County Anti-Drug Coalition (OCADC) is a non-profit organization working to reduce substance use and abuse through environmental strategies and community opportunities, while training local people to better encourage a healthy Overton County, in order to create a safe, caring, and drug-free community.	312 W. Broad St Suite 13 Livingston, TN 38570 P: 931-823-3797 E: overtoncountyadc@gmail.com E: ashley.ocadc@gmail.com Link: https://www.overtoncountyadc.org/	Overton
Power of Putnam	Upper Cumberland Substance Abuse Coalitions	Power of Putnam (POP) is a coalition of educators and other community leaders who are concerned about the issue of substance abuse in Putnam County. POP seeks to unite the community in the development and implementation of strategies to prevent and lessen the progression of substance abuse, particularly underage drinking. We seek to support the efforts of other community agencies and fill the gap in services to address the problem.	25 West Broad St. Suite 12 Cookeville, TN 38501 P: 931-520-7531 E: https://powerofputnam.org/contact-us/ Link: https://powerofputnam.org/	Putnam
Smith County Drug Prevention Coalition	Upper Cumberland Substance Abuse Coalitions	The Smith County Drug Prevention Coalition is a growing group of Smith County Citizens, businesses and organization that realize the issue of substance abuse is affecting all domains of our society.	115 Water St. Carthage, TN 37030 P: 615-588-1622 E: Tammy@SmithCoDrugPrevention.org Links: http://smithcodrugprevention.org/ https://www.facebook.com/pages/Smith-County-Drug-Prevention-Coalition/488162507904113	Smith
White County Anti-Drug Coalition	Upper Cumberland Substance Abuse Coalitions	The mission of the White County Anti-Drug Coalition is to form partnerships between people and organizations to prevent and reduce alcohol and substance abuse and related issues in White County, Tennessee.	P.O. Box 902 Sparta, TN 38583 P: 931-269-3500 E: admin@wcantidrug.org Links: http://wcantidrug.org/ https://www.facebook.com/WhiteCountyAntiDrugCoalition	White

Name of Service	Organization Name	Service Description	Contact Info	Counties Available
Tennessee Disability Pathfinder	Vanderbilt Kennedy Center for Excellence in Developmental Disabilities	Facilitates discoveries and best practices to improve the lives of persons with developmental disabilities and their families. Offers a statewide online database of services including everything from social service agencies to low income medical clinics to recreational programs.	110 Magnolia Circle Nashville, TN 37203 P: 1-800-640-4636 E: tnpathfinder@vumc.org Link: https://www.tnpathfinder.org	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
TN Recovery Navigator	Volunteer Behavioral Health Care System	Navigators are peers in long-term recovery who help people living with addiction to connect with treatments and recovery services.	1200 S. Willow Ave. Cookeville, TN 38501 First time appointments call 1-877-567-6051 P: 931-743-2009 E: dajohnson@vbhcs.org Link: https://www.vbhcs.org/	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
Women's Haven of Hope	Volunteer Behavioral Health Care System	Help for women who are struggling with addiction & pregnant. Services include childcare services, family therapy, housing asst., counseling, court advocacy.	1200 S. Willow Ave. Cookeville, TN 38501 First time appointments call 1-877-567-6051 P: 931-261-3596 Link: https://www.vbhcs.org/	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White

Name of Service	Organization Name	Service Description	Contact Info	Counties Available
Volunteer Behavioral Health Center/Plateau Mental Health	Volunteer Behavioral Health Care System	Our Mission is to serve individuals, families and communities through prevention, treatment and recovery services, ensuring that help today leads to a better tomorrow. Offering: Adult Services, Addiction & Co-occurring Disorders, Children & Youth Services, Crisis Services and Peer Recovery Programs.	1200 S. Willow Ave. Cookeville, TN 38501 First time appointments call 1-877-567-6051 P: 931-432-4123 E: jstamps@vbhcs.org Link: https://www.vbhcs.org/	Cannon Clay Cumberland DeKalb Fentress Jackson Macon Overton Pickett Putnam Smith Van Buren Warren White
Senior Citizen Center	Warren County Senior Center	Services include a diverse program of activities, including but not limited to: Resource information, Congregate meals, Health Promotion, Physical Fitness & Ed., Recreation, Education, Telephone Reassurance, Evidence Based Programs.	809 Morrison St. McMinnville, TN 37110 P: 931-473-6559 E: cmingle@srctr.org E: wacosrctr@benlomand.net Links: https://www.srctr.org/ https://www.facebook.com/people/McMinnville-Warren-County-Senior-Center/100076139199981/	Warren