

# Campus Recreation Advisory Board Meeting

March 25, 2024

In Attendance: Les Fralix, Chairperson, Jane Liu, Kim York, Sandra Bohannon, Peggy Nettenstrom, Amy Foster, Kathy Hammons, Denise Colwell and Audrey Cody

## **Election of Chairperson –**

The floor was opened to nominations. Peggy made a motion that Les continue in the position as Chair, Kim York seconded, all were in favor.

## **Facility Usage fall of 2023**

102, 709 taps (ID Card access)

Students 85,798

Other\* 16,000 –

\*Other is defined as Non-Student Access

## **Gaming Cave –**

New paint, LED lighting, and new chairs were added to enhance the gaming experience.

Students interested in playing in the Gaming Cave can bring their own consoles.

E-Sports & Super Smash gaming events are coming up soon.

Campus Recreation will provide updates on participation and use at the next Advisory Board meeting in the fall of 2024.

## **Mirror Donation**

A local dance studio that was closing, donated 4 large 4 x 8 mirror sheets for the building. The mirrors will be installed on the wall in the weight room. There are plans to install the remaining mirrors in other spaces around the building where appropriate.

## **Eagles Outdoors**

Plans are underway to offer more trips to students. We have received approval to allow EPI pen use in the event of a medical emergency while on a trip and will only be used on trips where emergency treatment is more than one hour away.

## **Fitness Classes**

The cost to students was \$1 per class, but it is now free to students.

At the beginning of the semester, we only scheduled two SPIN classes, but because of the popularity we had to open another class. 10 Bikes have been set up to reserve online, and there are 5 other bikes for walk ins.

HIIT/Pilates – is another popular class option with 40-50 participants per class. We ordered additional mats to accommodate the increased participation.

### **Cheer/Dance Camps**

The Burnett Rec Center hosts Cheer and Dance camps during the months of June and July each year. Schools from Georgia, Kentucky and across Tennessee are invited to attend the camps to receive instruction by Varsity Spirit, and to have the chance to participate in the High School Nationals held each year in Orlando Florida. As of this meeting, we have 1150 campers registered.

### **Annual Steam Outage**

We will be conducting pool Maintenance during the steam outage. We will be draining the pool to correct staining issues and replace broken tiles. Plans are to do other cleaning and maintenance projects during this time.

### **Senior Salute –**

1400 graduating students came to the Senior Salute event in the gym of the Rec Center.

### **Engineering Fair – April**

Allows senior College of Engineering students to present their projects.

### **Project Graduation –**

Mid-May Lock In for high school graduates. Activities include basketball, soccer, racquetball, and other activities planned by the parents and sponsors.

White Co High School

Upperman High School

### **Wellness Wagon –**

We have purchased a roof top identifier for the golf cart which says, 'Wellness Wagon'. The Wellness Wagon travels around campus to give students a ride from their car to their class, and they have a chance to win prizes by answering trivia questions about health, fitness and nutrition.

### **Intramural Sports**

Inner Tube Water Polo begins April 1<sup>st</sup> 6:30 – 11 p.m. for three weeks.

Talent Show – New this year.

Golf Tournament – Intramurals is bringing golf back and will be played at the Golden Eagle Golf Club.

This is the only Intramural event where students must pay, and it is to the club for green fees at the cost of \$35 per person.

### **Other Events –**

'Rec Your Stress' is an end of the school year event where students and staff alike can come and vent their frustrations whether it is plate smashing, axe throwing or Virtual Reality. This event is scheduled for Tuesday, April 9 from 5 p.m. – 8 p.m.

"Heating Up the Quad" – Tuesday, October 1, 2024. This event raises funds for the Food Pantry. We need volunteers and cook teams. Last year, the event raised \$2200 for the food pantry, with over 700 tickets sold. More information will be made available later in the year.

**Easter Weekend abbreviated hours.**

Thursday, 6-6, Friday CLOSED, Saturday 9-3, Sunday 5-10.

Chairperson Fralix opened the floor to questions.

Question – Because of the popularity of the fitness classes, are there plans to offer more?

Answer - Yes, we must determine the formula for successful classes. Is it the instructor? the type of class? What are the trends? We also must find students who would be willing to teach a class. Once hired, the new Assistant Director for Fitness and Wellness will be responsible for coordinating innovative programs and classes.

There were no other questions or comments. The meeting was adjourned.