



EXERCISE SCIENCE, PHYSICAL EDUCATION AND WELLNESS

Exercise Science, Physical Education and Wellness at Tennessee Tech

Tennessee Tech offers an online master's degree in exercise science, physical education and wellness in five distinct concentrations. After earning your graduate degree, you will be well positioned to advance in your career, achieve your goals, and have a positive impact on the lives around you through your commitment to your profession. Whether you want to teach, work in the fitness work, or enter sport management fields, our flexible programs will help you get there at your own pace.

As the demand for professionals in the sport and wellness fields grow, the blend of academics, cutting-edge technology and an interest in research make TTU graduates superior candidates for jobs, and prepares them well to make meaningful contributions to these fields.

Concentrations

- **Adapted Physical Education**
– For students interested in leading adapted physical activity programs for individuals with disabilities.
- **Elementary & Secondary School Physical Education**
– For students already licensed in physical education instruction who are interested in pursuing additional studies.
- **Fitness & Wellness** — For students interested in health, wellness or performance aspects of physical activity and training. The program focuses on practical applications rather than clinical rehabilitation.
- **K-12 Licensure** — For students interested in gaining their teaching certification.
- **Sport Management** — For students interested in working as administrators in the sports industry or with sports teams at the collegiate or professional level.

Faculty

Our faculty members are leaders in research and in hands-on applications in their respective fields. They are dedicated to and focused on helping you earn your degree and achieve your potential. We understand that many graduate students are already busy professionals, so offering this degree program online makes it accessible and convenient for you.

Graduate Assistantships

Teaching Assistants – A limited number of teaching assistantships may be available that include paid tuition and fees along with a monthly stipend in return for work teaching undergraduates. The responsibilities of teaching assistants include (but are not limited to) assisting faculty with grading and providing help sessions for students.

Research Assistants – A limited number of research assistantships may be available contingent upon funding. Students with research assistantships are expected to conduct research as directed by the grant and supervising faculty.

How to Get Started

Individuals looking to find out more about the online master's degree offered by the exercise science, physical education and wellness department can obtain additional information on the department's website or by emailing expw@tntech.edu

For more information, visit www.tntech.edu/education/expw