



Art of Wellness

with Ashley Witherspoon



A Licensed Clinical Social Worker and the Founder of Hand Made Dreams, a platform dedicated to bringing mental health awareness to everyday spaces through art.

Do you enjoy art? Join Us!

Monday, March 18th, 6pm
Intercultural Lounge & RUC 246

Tuesday, March 19th, 11am
RUC Multipurpose Room, 282

Scan to
register!



**CO-HOSTED BY INTERCULTURAL AFFAIRS AND
THE COUNSELING CENTER**